



WORDS FROM OUR PASTOR

Every Monday for the past three weeks I have seen a chiropractor. I have gone to the chiropractor more in these last three weeks than my entire 35 years on Earth leading up to this monumental occasion. You may be thinking, "What happened, why did he all of a sudden start going?" Well, I have had some nagging injuries that have been hindering me in running as well as in everyday life. I had a problem, and Audrey being a chiropractic veteran from the age of twelve said, "I bet it would really help you."

I'm not here to debate the validity of chiropractic care, I'm just going to tell you my story and then equate it to a spiritual truth. I had pain, I got adjusted once, and the next day... NO PAIN. I was the guy who said I would never see a chiropractor, I had no use for one, I didn't need

that in my life. After that first adjustment... I'm now convinced. And after every other adjustment so far, I have just kept feeling better.

If you are not familiar with chiropractic care, one of the main things that will continue to help you is regular and routine adjustments. These don't take the place of living a healthy lifestyle; eating nutritious food, getting good exercise, and handling life's stresses in a positive way. These routine adjustments keep you aligned so that you can do all of these things better.

I see our Sunday morning gatherings for worship like a weekly spiritual adjustment. It is a time to come and have our souls aligned with Christ. The longer we wait in between "adjustments/ Church services" the harder/ longer it might take to get in alignment or to stay in alignment with Christ. If you come regularly these adjustments tend to be minor because you haven't had much time to get way out of line.

Some people, though, see Sunday morning gatherings as a

replacement for living as a follower and disciple of Jesus Christ. They believe that if they come to Church on Sunday they don't need to do anything else throughout the week to live as a Christian. Coming to Church on Sunday should help keep you aligned so that you can, as Scripture says, "Live a life worthy of the calling that you have received from Christ Jesus." Worship gatherings don't replace privately reading your Bible at home, praying by yourself or with friends or family, or any other aspect of following Jesus. They help keep us in line with Him so that those other things become natural and a habit.

Has it been a while since you had your soul "adjusted"? I would encourage you to go to Church this Sunday and get it back in alignment.

~Pastor Jadon

WHAT'S INSIDE

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- 3 Children's Program Minister
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BIRTHDAYS

1st - Richard Vigil
 4th - Audrey Ross
 5th - Dave Bergstrom
 Dorothy Kendall
 6th - Delmar Binder
 Anand Phillips
 9th - Donna Cloud
 12th - Lonn Swanson
 13th - Dayton Durley
 14th - Malcolm Meredith
 17th - Rosalie Hoke
 18th - Dean Miller
 22nd - Megan Miller
 24th - Linda DuPont
 Melvin Hoke
 28th - Scott Leeper
 29th - Naomi Smith



OPPORTUNITIES



HAPPY
FATHER'S
 DAY!

Join us June 17 for Father's Day. We will be hearing from four Dads and their perspectives of fatherhood and what God has taught them in this role.

ANNIVERSARIES

18th - Jim & Cindy Struck
 27th - Curt & Margaret Drahn

CONTACT
 information



**Metolius Friends
 Community Church**

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 Metolius, OR 97741**

541-546-4974

E-mail: metoliusfriendschurch@crestviewcable.com

Web: metoliusfriends.church

Facebook: [MetoliusFriendsChurch](https://www.facebook.com/MetoliusFriendsChurch)

Digital Bulletins: faithlife.com/metoliusfriends/bulletins

**Graze and Praise
 is postponed for June.**

FRIENDS CAMP & YEARLY MEETING SCHEDULE

Boys Camp (for boys entering 4th-6th grades).....July 1-5
Girls Camp (for girls entering 4th-6th grades).....July 6-10
Tween Camp (for youth entering 7th-9th grades).....July 15-20
Surfside (for youth completing 8th-12th grades).....August 5-11
Family Camp Labor Day Weekend.....August 31-September 3
Men's Retreat.....September 14-16
Women's Retreat.....September 28-30
NWYM 100th Anniversary.....July 21
Yearly Meeting.....July 22-26
Brochures with registration forms can be picked up at the church or on line at www.twinrocks.org



**BROWN
 BAG
 FOOD
 DELIVERY**

Metolius Depot

Friday, June 1, 2018

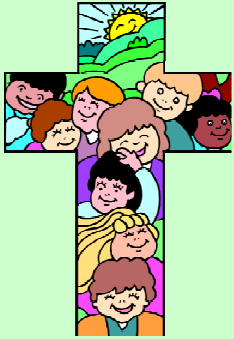
Volunteers come at 3:00pm.

Registration at 4:00pm.

Food Delivery at 4:30pm.



WORDS FROM OUR CHILDREN'S MINISTER



Ramblings of the Minister of Children's Programming

What a great opportunity summer gives us to share our faith, especially with family and friends. Backyard Barbeques, camping trips, the county fair, church activities and don't forget children are home from school. These activities offer a unique opportunity to catch up on family, friends and share stories of what makes us who we are.

Growing up I had the advantage of being a child before there was TV, Computer Games, I Phones, I Pads and texting. When we got together for picnics and family reunions we actually talked to one another. As a kid I loved hearing stories about our family history. I found listening to stories about our family accomplishments and failures especially interesting. I did not grow up in a Christian home but a common theme was to be hard working and honest. I have to admit I loved the stories about that crazy uncle we all have. It was good to know that families do have failures but rise up and turn those into success.

How much more we can offer to our family gatherings as Christians. Our faith journey does make for interesting stories to share with our children and friends. I would encourage you to share with family how it is you came to faith in Christ and where that journey has taken you. Perhaps family gatherings should start with putting away all our modern equipment for communicating and really communicate with each other.

Just a few suggestions that may help start the communication of your unique family history of faith.

Share how it happened that you became a Christian.

Share with your children people of faith in your family tree.

Take time to paraphrase a Bible Story of men and women of faith.

Kids love to act out as their favorite Super Heroes. Try having them act out a Bible Story.

Even take time to relate how God turned failure into success in your life.

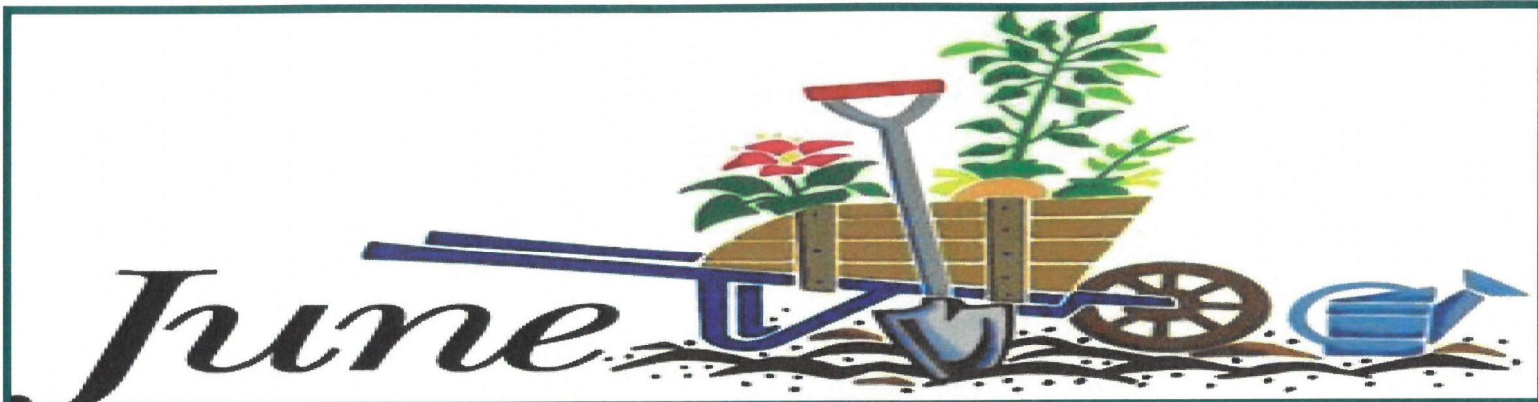
Oral tradition is a powerful tool to sharing history. I encourage you to begin your family's oral tradition this summer.


~ Dayton



PASS IT ON!

Do you have a special article, announcement, event, recipe or other ideas to contribute to the July Newsletter? Have you been on a vacation that you would like to tell us about? We would like to share your thoughts with our church body. Our July Newsletter deadline is: June 15. Please contact Teren Wood if you have an article. The next Newsletter will be published on June 28th.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 4:30 pm Brown Bag at The Depot 5:00 pm AA Meeting In the Library	2
3 9:45 am Sunday School 10:45 am Worship 5:30 pm Youth Group	4	5 6:00 pm FIT Class 6:30 pm Bible Study at Drahn's	6	7 9:00 am Coffee Fellowship at the Church 6:00 pm Community Kitchen	8 5:00 pm AA Meeting In the Library	9
10 9:45 am Sunday School 10:45 am Worship 5:30 pm Youth Group	11	12 6:00 pm FIT Class 6:30 pm Bible Study at Drahn's	13 5:15 pm Elder Ministry Team Meeting	14 9:00 am Coffee Fellowship at the Church 6:00 pm Community Kitchen 	15 5:00 pm AA Meeting In the Library	16
17 9:45 am Sunday School 10:45 am Worship 5:30 pm Youth Group 	18	19 6:00 pm FIT Class 6:30 pm Bible Study at Drahn's	20 7:00 pm Steward Ministry Team Meeting	21 9:00 am Coffee Fellowship at the Church 6:00 pm Community Kitchen	22 5:00 pm AA Meeting In the Library	23
24 9:45 am Sunday School 10:45 am Worship 5:30 pm Youth Group	25	26 6:00 pm FIT Class 6:30 pm Bible Study at Drahn's	27	28 9:00 am Coffee Fellowship at the Church 6:00 pm Community Kitchen	29 5:00 pm AA Meeting In the Library	30